

Questions to ask your Gynaecologist Surgeon



These questions are designed to support you to get the most out of your appointment with your gynaecologist surgeon:

1. What are the different ways I can reduce my risk of gynaecological cancers?
2. What are my surgical options?
3. Which surgery would you recommend for me?
4. What does the surgery involve?
5. What kind of complications can arise with this type of surgery?
6. Do you test the ovary/fallopian tube tissue for cancerous/abnormal cells?
7. After I have had a risk-reducing surgery, what will the risk of ovarian cancer be?
8. Should I remove my fallopian tubes (have a salpingectomy) at the same time as removing my ovaries (an oophorectomy)?
9. Should I remove my uterus?
10. What are the positives and negatives of these surgeries to reduce my risk of cancer?
11. How long have you been performing these surgeries?
12. How many visits will I have with you and what are the costs involved?
13. What kind of anaesthesia will I have?
14. How long does the surgery take?
15. How long will I stay in hospital?
16. What does a normal recovery look like in terms of pain?
17. How much time off work is usually needed for recovery?
18. When should I start physiotherapy and exercising?
19. Will there be any drains and how long will they be in?
20. Will there be any sutures to remove after surgery?
21. Will there be any scars and if so, what can I do to minimise the scarring after surgery?
22. Am I able to take Menopausal Hormone Therapy (MHT) to manage surgical menopause? If not, what are my options?